Skagway Senior Resource Directory 2014

Skagway Programs

Dahl Memorial Clinic: The Clinic offers routine family medicine, x-ray facilities, laboratory services, limited pharmaceutical dispensary, and 24-hour emergency care including medivacs if necessary. There is also a regular rotation of visiting specialist including dentist, physical therapist, and public health nurse.

Phone: (907) 983-2255 Address: 350 14th Ave., Skagway, AK 99840 Website: <u>www.skagway.org</u>

Good Neighbor Volunteers: Good Neighbor Volunteers provides the residents of Skagway with compassionate, volunteer home care and community outreach at no cost so that they and their families can maintain their residences with dignity and choice. Phone: (907) 973-GOOD

Address: N/A

Website: www.skagwayvolunteers.org

Lynn Canal Counseling: LCCS offers behavioral health services as well as assistance connecting individuals to resources and navigating the insurance system.

Phone: (907) 983-2548

Address: 350 14th Ave., Skagway, AK 99840

Website: <u>www.lynncanalcounseling.org</u>

Skagway Fire Department: The Skagway Fire Department provides fire suppression, emergency medical care, public education, hazardous materials response and a variety of rescue operations.

Phone: (907) 983-2450, Emergency: 911

Address: 501 State Street, Skagway, AK 99840

Website: <u>www.skagway.org</u>

Skagway Police Department: The Skagway Police Department protects and serves the citizens of Skagway and is the location of the local Department of Motor Vehicles.

Phone: (907) 983-2232, Emergency: 911

Address: 79 State Street, Skagway, AK 99840

Website: <u>www.skagway.org</u>

Skagway Recreational Center: Provides the Skagway community a wide range of recreational activities including senior fitness, yoga, and spinning.

Phone: (907) 983-2679

Address: 13th and Main Street, Skagway, AK 99840

Website: <u>www.skagwayrecreation.org</u>

Skagway Traditional Council: Provides services for SEARHC beneficiaries in Skagway

Phone: (907) 983-2314

Address: 11th and Broadway, Skagway, AK 99840

Website: www.skagwayvillage.org

Southeast Senior Services (Tim Salter): This

program offers door-to-door transportation, and meals at the senior center.

Phone: (907) 983-3664

Address: N/A

Website: www.ccsjuneau.org

State of Alaska Programs

Aging and Disability Resource Centers: Provides help to seniors and caregivers to access long-term supports in their communities.

Phone: (877) 625-2372

Address: 240 Main Street, Suite 601, Juneau, AK 99811

Website: www.dhss.alaska.gov/dsds

Alaska Legal Services: A private, nonprofit law firm established in 1967, that provides free civil legal assistance to low-income Alaskans.

Phone: (800) 789-6426

Address: 419 6th Street, Suite 322 Juneau, AK 99801

Website: www.alsc-law.org

Alaska Medicare Information Office: Provides oneon-one counseling to Alaskan Medicare beneficiaries and their families.

Phone: (800) 478-6065

Address: 400 Gambell Street, Anchorage, AK 99501

Website:

www.dhss.alaska.gov/dsds/Pages/medicare

Alaska Regional Hospital: A 250-bed licensed and accredited medical hospital located in Anchorage with more than 1000 employees and 550 private medical practitioners.

Phone: (907) 276-1131

Address: 2801 DeBarr Road, Anchorage, AK 99508

Website: <u>www.alaskaregional.com</u>

Alzheimer's Resource of Alaska: Alzheimer's Resource of Alaska provides education, in-home services and care coordination to Alaska's elders.

Phone: (907) 586-6044

Address: 325 Hospital Drive, Suite 100A, Juneau, AK 99801

Website: www.alzalaska.org

Apollo Medi Trans: Offers insurance policies that cover the high costs of emergency medical transportation. Annual cost of a household policy is currently \$125 per year.

Phone: (888) 457-1711

Address: 250 Cushman St., Suite 4J, Fairbanks, AK 99701

Website: <u>www.apollomt.com</u>

Bartlett Hospital: Regional provider for acute care, emergency treatment and outpatient services.

Phone: (907) 796-8900

Address: 3260 Hospital Drive, Juneau, AK 99801

Website: <u>www.bartletthospital.org</u>

Disability Law Center of Alaska: An independent non-profit law firm providing legal advocacy for people with disabilities anywhere in Alaska.

Phone: (800) 478-1234

Address: 3330 Arctic Boulevard, Suite 103, Anchorage, AK 99503

Website: www.dlcak.org

Haines Assisted Living, Inc.: Offers personalized assistance with the activities of daily living, supportive services and compassionate care in a professionally managed, carefully designed, group setting. An alternative for seniors who can no longer live on their own at home, yet don't need 24hour, complex medical supervision.

Phone: (907) 766-3616

Address: P.O. Box 916 Haines, AK 99827

Website: <u>www.hainesassistedliving.org</u>

Older Persons Action Group, Inc: A non-profit membership organization dedicated to improving services, developing programs, educating, promoting and implementing changes to help Alaska's Seniors live healthy productive lives.

Phone: (907) 276-1059

Address: 325 East Ave., Suite 300, Anchorage, AK 99501

Website: www.opagak.com

Pioneer Homes: Assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, physical, emotional and spiritual growth

Phone: (907) 465-4416

Address: 4675 Glacier Hwy., Juneau, AK 99801

Website: <u>www.dhss.alaska.gov/daph</u>

Providence Alaska Medical Center: The state's largest hospital, that provides full-service, comprehensive care to all Alaskans.

Phone: (907) 562-2211

Address: 3200 Providence Drive

Anchorage, AK 99508

Website: www.alaska.providence.org

Southeast Alaska Independent Living: A program that offers benefits counseling, home modifications, assistive devices, and emergency financial assistance for those with physical, cognitive, and neurological disabilities.

Phone: (907) 766-3297

Address: 24 Fort Seward Drive., Haines, AK 99827

Website: www.sailinc.org

State of Alaska Adult Protective Services: Adult Protective Services helps to prevent or stop harm from occurring to vulnerable adults.

Phone: (800) 478-9996

Address: 550 West 8th Avenue, Anchorage, AK 99501

Website: www.dhss.alaska.gov/dsds

State of Alaska Long-Term Care Ombudsman: The Ombudsman is charged with protecting the rights, safety and welfare of older persons residing in assisted living and nursing homes.

Phone: (800) 730-6393

Address: 3745 Community Park Loop, Suite 200 Anchorage, AK 99508

Website: <u>www.akoltco.org</u>

State of Alaska Medicaid Office: Offers assistance with Medicare Part A and B premiums, as well as

assistance with Part D costs. The Medicaid office can also assist in obtaining heating assistance through the State of Alaska's heating assistance program.

Phone: (800)478-3537

Address: 10002 Glacier Hwy., Suite 200 Juneau, AK 99801

Website:

www.dhss.alaska.gov/dpa/Pages/medicaid

State of Alaska Senior Benefit Program: Alaska residents who are age 65 and older may qualify for a monthly payment. The payment will be \$125, \$175, or \$250 depending on your annual gross income.

Phone: (888) 352-4150

Address: 855 West Commercial Drive, Wasilla, AK 99654 Website:

www.dhss.alaska.gov/dpa/Pages/seniorbenefits

National Programs

Alzheimer's Association: The Alzheimer's Association works on a global, national and local level to enhance care and support for all those affected by Alzheimer's and related dementias.

Phone: (800) 272-3900 (24-hour helpline)

Address: 225 N. Michigan Ave., Fl. 17, Chicago, IL 60601

Website: www.alz.org

American Cancer Society: A nationwide health organization that is dedicated to eliminating cancer by providing assistance, advocacy, and information to those with cancer and their families.

Phone: (800) 227-2345

Address: 250 Williams Street NW Atlanta, GA 30303

Website: <u>www.cancer.org</u>

American Diabetes Association: The American Diabetes Association helps those impacted with diabetes by providing information, advocacy, and research.

Phone: (800) 342-2383

Address: 1701 North Beauregard Street, Alexandria, VA 22311

Website: <u>www.diabetes.org</u>

Medicare: The federal insurance for those 65 and older. This is the federal contact and information source.

Phone: (800) 478-6065

Address: 7500 Security Boulevard, Baltimore, MD 21244

Website: www.medicare.gov

RX Assist Patient Program Assistance Center:

Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. This organization offers a comprehensive database of these patient assistance programs. Please contact John Hischer at LCCS for help finding and completing the application for your particular medication.

Phone: Multiple phone numbers for different prescription drug companies.

Address: N/A

Website: www.rxassist.org

Social Security Administration: The Social Security Administration provides retirement benefits for those older adults who have paid into the Social Security system and Supplemental Security Income for those adults with disabilities.

Phone: (National Office)(800) 772-1213 (State Office) (800) 478-7124

Address: (National Office) Windsor Park Building, 6401 Security Blvd, Baltimore, MD 21235. (State Office) 709 W 9th St Rm 231, Juneau, Alaska 99802 Website: <u>www.ssa.gov</u>

Today's Caregiver: An organization that provides information, support and guidance for family and professional caregivers

Phone: (800) 829-2734

Address: 3350 Griffin Road, Ft. Lauderdale, FL. 33312

Website: www.caregiver.com