

Skagway Mental Health Support

National Suicide Prevention Lifeline: simply dial **988**
or
Alaska Careline: **1-877-266-HELP**

Bartlett Regional Hospital Telehealth

No Cost Crisis Support

Please call Psychiatric Services at
1-907-769-8217

They will connect you with additional services, such as ongoing therapy, as needed.

SEARHC Telehealth Services

Any Skagway resident may call the SEARHC Helpline at **1-877-294-0074** for crisis support.

For those seeking therapeutic support, such as family members and first responders, please call Mountainside Behavioral Health in Haines at **1-907-766-6313** to arrange.

You are not alone. We're here for you.